

**CONGRESSMAN
JOHN SARBANES**



**CONSTITUENT
SERVICES
GUIDE**

A MESSAGE FROM CONGRESSMAN SARBANES

WAYS WE CAN HELP

Dear Friend,

In Washington, there are always breaking developments that demand the attention of legislators, but the needs of my constituents remain my number one priority. That's why, as I embark on representing Maryland's newly drawn Third Congressional District, I'm working once again to provide timely and meaningful service to you and your family.

My office is here to help you navigate federal agencies and access important benefits. In this brochure, you'll find information about the many services we offer, along with contact information for my constituent service sites in your community.

If you are new to the Third Congressional District, welcome. If you need assistance, or if you just want to share your thoughts on a policy issue, please write, call or email me.


John Sarbanes
3rd District, MD

EXPEDITING APPROVAL OF VA BENEFITS

Edward applied to the VA for pension benefits that he needs to access lifesaving medical care. When the adjudication of his claim was delayed, my office worked to gain approval of his monthly benefits – and secure retroactive benefits – to ensure he had adequate assistance with his daily living activities and medical needs.



Congressman Sarbanes speaks at the ribbon cutting of the new Fort Meade Education and Resiliency Center for veterans, service members and their families.

SECURING SOCIAL SECURITY BENEFITS

After the death of their father, Rebecca's young children were eligible to receive Social Security survivor benefits. However, they were getting less than they were entitled to receive. We were able to work with the Social Security Administration to review the matter, correct the record and send Rebecca's children the appropriate amount of benefits.

CONSTITUENT SERVICES



SOCIAL SECURITY

For many Americans, navigating the application process for Social Security can be difficult. That's where my office can step in. We can help you:

- File an application for benefits or check the status of a pending application.
- Relay evidence of a financial or health-related hardship that may warrant expedited processing of your application.
- Help correct mistakes or clarify a decision about your disability or retirement pay.



My office can address and resolve several issues for Medicare beneficiaries. We can help you:

- Find information about eligibility, enrollment options and premiums.
- Address billing questions and late enrollment penalties.
- Determine coverage for services, operations and prescriptions.



ACTIVE-DUTY MILITARY & VETERANS

My office regularly provides assistance to active-duty service members, retired military personnel and veterans. We can help you:

- Clarify the status of a disability claim, appeal or pension application for veterans.
- Resolve concerns with VA medical centers.
- Address issues for military retirees and their spouses regarding retirement pay, survivor's benefits or debt.
- Raise an issue with headquarters on behalf of active-duty service members.



INTERNAL REVENUE SERVICE

My office is a resource for navigating the IRS. We can help you:

- Connect with your local Taxpayer Advocate to clarify outstanding tax issues.
- Address amended returns, debts, filing errors and estate issues.
- Find free or low-cost tax assistance services.

ADDITIONAL SERVICES

ACADEMY NOMINATIONS

Every year, I am privileged to nominate candidates for our nation's service academies. To apply, you can visit my website or call my office.



EDUCATION LOANS AND SUPPORT

We can provide information regarding educational assistance offered by the federal government.

INTERNSHIPS

My office offers congressional internships for students and recent graduates to learn about Congress and to serve our nation.

PASSPORTS AND VISAS

If you have an urgent or complex situation regarding your passport or visa, we can assist you.

AMERICAN FLAGS

My office can help you secure a commemorative flag flown over the U.S. Capitol. All flags come with a certificate of authenticity.

TOURS

We can help you obtain gallery passes to see Congress in action and tickets to tour the U.S. Capitol and the White House.

CONNECT WITH ME

To share your opinion on a legislative matter, seek assistance with a federal agency or make an appointment, please reach out to me at these locations:

COLUMBIA

6751 Columbia Gateway Drive, Suite 250
Columbia, MD 21046
Phone: (410) 832-8890

ANNAPOLIS

Arundel Center
44 Calvert Street, Suite 349
Annapolis, MD 21401
Phone: (410) 295-1679

WASHINGTON, D.C.

2370 Rayburn House Office Building
Washington, DC 20515
Phone: (202) 225-4016

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